

## Finisher List 10k

Gun pos	Gun time	Race number	Name	Gender pos	Age grp	Cat Pos	Club	Town	Chip pos	Chip time	Start delay	Pace (min/km)	Pace (min/mile)
<b>Number of participants: 432; number of finishers: 432; number of DNS: 78</b>													
1	0:32:08	292	Felix Mcgrath	1	MU40	1	Newcastle Staffs AC	Newcastle-under-Lyme	1	0:32:07	0:00	03:12	05:10
2	0:33:31	309	Carl Moulton	2	MU40	2	Boalloy Running Club	TALKE	2	0:33:30	0:00	03:21	05:23
3	0:34:22	89	James Condlyffe	3	MU40	3	City of Stoke AC	Stoke-on-Trent	3	0:34:22	0:00	03:26	05:31
4	0:34:54	315	Simon Myatt	4	MU40	4	Trentham RC	Newcastle under Lyme	4	0:34:54	0:00	03:29	05:36
5	0:35:46	324	Ryan Nokes	5	MU40	5	Stone Master Marathoners	Stafford	5	0:35:44	0:01	03:34	05:45
6	0:35:50	256	Joshua Lally	6	MU40	6	City of Stoke AC	Biddulph	7	0:35:50	0:00	03:35	05:46
7	0:35:54	150	Simon Ford	7	MU40	7	Newcastle Staffs AC	Stoke on Trent	6	0:35:48	0:06	03:34	05:45
8	0:35:59	206	Phillip Hilsdon	8	M40-44	1	Stafford Harriers	Stafford	8	0:35:57	0:02	03:35	05:47
9	0:36:29	310	Luke Caci	9	MU40	8			9	0:36:28	0:01	03:38	05:52
10	0:36:36	113	Martyn Davies	10	MU40	9	Newcastle Staffs AC	Newcastle	10	0:36:34	0:02	03:39	05:53
11	0:36:37	458	Atal Khan	11	MU40	10			11	0:36:36	0:01	03:39	05:53
12	0:36:45	363	Ben Ratcliffe	12	MU40	11	Keele University Athletics & Cross Country	Preston	12	0:36:43	0:01	03:40	05:54
13	0:37:14	422	Rob Tanner	13	MU40	12		Birmingham	13	0:37:10	0:03	03:43	05:58
14	0:37:20	43	Ben Bewley	14	MU40	13	Newcastle Staffs AC	Newcastle	14	0:37:19	0:01	03:43	06:00
15	0:37:29	18	Leon Bailey	15	MU40	14	Boalloy Running Club	Stoke-on-Trent	15	0:37:22	0:06	03:44	06:00
16	0:37:42	400	Matthew Smith	16	M45-49	1	South Cheshire Harriers	Nantwich	16	0:37:40	0:01	03:46	06:03
17	0:37:45	8	Shaun Allen	17	MU40	15	Newcastle Staffs AC	Newcastle-under-Lyme	17	0:37:43	0:01	03:46	06:04
18	0:37:48	417	Paul Swan	18	M55-59	1	Stone Master Marathoners	Stone	18	0:37:46	0:02	03:46	06:04
19	0:37:51	31	Ian Bayliss	19	MU40	16	Newcastle Staffs AC	Newcastle-under-Lyme	19	0:37:46	0:05	03:46	06:04
20	0:37:59	211	George Hodgkinson	20	MU40	17	Stafford Harriers	Stafford	20	0:37:54	0:05	03:47	06:05
21	0:38:02	119	Neil Dixon	21	M40-44	2	Newcastle Staffs AC	Newcastle-under-Lyme	21	0:38:00	0:02	03:48	06:06
22	0:38:21	319	Jordan Nixon	22	MU40	18	Newcastle Staffs AC	Stoke-on-Trent	22	0:38:20	0:00	03:50	06:10
23	0:38:25	5	James Cunningham	23	MU40	19			24	0:38:24	0:01	03:50	06:10
24	0:38:26	72	Ian Cawley	24	M40-44	3	Trentham RC	Stoke-on-Trent	23	0:38:23	0:02	03:50	06:10
25	0:38:34	186	Matthew Harper	25	M40-44	4	Newcastle (Staffs) Tri Club	Newcastle	25	0:38:31	0:02	03:51	06:11
26	0:38:35	434	Rebecca Twardochleb	1	FU35	1	Newcastle Staffs AC	Stoke On TRent	26	0:38:33	0:01	03:51	06:12
27	0:38:41	435	Tim Twentyman	26	M50-54	1	Newcastle Staffs AC		27	0:38:40	0:01	03:52	06:13
28	0:38:45	151	Kevin Francis	27	M50-54	2	Shrewsbury AC	Shrewsbury	28	0:38:44	0:01	03:52	06:14
29	0:38:47	177	Rob Haines	28	M40-44	5	Newcastle Staffs AC	Stoke-On-Trent	29	0:38:44	0:03	03:52	06:14
30	0:38:51	425	Craig Taylor	29	MU40	20	Newcastle Staffs AC	Stoke-on-Trent	30	0:38:48	0:03	03:52	06:14
31	0:38:59	238	Andrew Jowett	30	MU40	21		Newcastle under Lyme	31	0:38:50	0:09	03:53	06:14
32	0:39:22	214	Elton Hood	31	M40-44	6		Stoke-On-Trent	32	0:39:16	0:06	03:55	06:19
33	0:39:31	11	Nathan Ames	32	M40-44	7	Newcastle (Staffs) Tri Club	Stoke on Trent	33	0:39:26	0:05	03:56	06:20
34	0:39:42	285	Leigh Matthews	33	M40-44	8	Trentham RC	Stoke on Trent	35	0:39:39	0:02	03:57	06:22
35	0:39:45	488	Charlie Cox	34	MU40	22	Cheadle RC		34	0:39:38	0:06	03:57	06:22
36	0:39:50	410	Jerome Stevens	35	M40-44	9	Newcastle Staffs AC		36	0:39:47	0:03	03:58	06:24
37	0:40:09	455	Daniel Whitehurst	36	MU40	23	Boalloy Running Club	stoke-on-trent	37	0:40:07	0:01	04:00	06:27
38	0:40:11	126	Simon Dunn	37	M55-59	2	Trentham RC	Newcastle	39	0:40:08	0:02	04:00	06:27
39	0:40:12	498	Peter Lloyd	38	M45-49	2			38	0:40:07	0:05	04:00	06:27
40	0:40:16	95	Gareth Copley	39	MU40	24	Newcastle Staffs AC	newcastle under lyme	40	0:40:14	0:01	04:01	06:28
41	0:40:21	167	Justin Green	40	M45-49	3	Stafford Harriers	Cannock	41	0:40:16	0:04	04:01	06:28
42	0:40:24	364	David Ratcliffe	41	M40-44	10	Boalloy Running Club	Stoke on Trent	43	0:40:23	0:01	04:02	06:29
43	0:40:24	303	Darren Morrey	42	MU40	25	Cheadle RC	Stoke on Trent	44	0:40:23	0:01	04:02	06:29
44	0:40:31	203	Mike Hibbert	43	M45-49	4		Market Drayton	45	0:40:28	0:02	04:02	06:30
45	0:40:36	301	David Morgan-Bourne	44	MU40	26		Newcastle-under-Lyme	42	0:40:21	0:15	04:02	06:29
46	0:40:43	161	Sophie Goodfellow	2	FU35	2	Newcastle Staffs AC	Stoke On Trent	46	0:40:41	0:02	04:04	06:32
47	0:40:43	122	Chris Doran	45	M40-44	11	Telford Harriers	Telford	47	0:40:41	0:02	04:04	06:32
48	0:40:48	103	Martin Cross	46	MU40	27	Stone Master Marathoners	Stoke-on-Trent	48	0:40:43	0:05	04:04	06:33
49	0:41:13	190	Joel Harrison	47	MU40	28	Trentham RC	Newcastle Under Lyme	49	0:41:04	0:09	04:06	06:36
50	0:41:14	466	Robin Williamson	48	M45-49	5	Stone Master Marathoners	Stone	51	0:41:08	0:06	04:06	06:37
51	0:41:18	361	Darren Pyatt	49	M50-54	3		Stafford	50	0:41:06	0:12	04:06	06:36
52	0:41:20	307	Kevin Mottram	50	M45-49	6	Buxton AC	Leek	52	0:41:09	0:11	04:06	06:37
53	0:41:24	30	Nigel Baskerville	51	M50-54	4	South Cheshire Harriers	Crewe	53	0:41:20	0:04	04:08	06:39
54	0:41:26	391	Amy Shillcock	3	FU35	3	Staffs Moorlands AC	Leek	55	0:41:24	0:02	04:08	06:39
55	0:41:27	329	Maurice Oldham	52	M60-64	1	Manchester Harriers & AC	macclesfield	54	0:41:24	0:03	04:08	06:39
56	0:41:30	14	Melvyn Askey	53	M60-64	2	Newcastle Staffs AC	newcastle-under-lyme	56	0:41:27	0:02	04:08	06:40
57	0:41:34	4	Douglas Alcock	54	M65-69	1	Trentham RC	Stoke-on-Trent	59	0:41:32	0:01	04:09	06:41
58	0:41:35	442	Chris Walton	55	M40-44	12		Stoke-on-Trent	58	0:41:30	0:04	04:09	06:40
59	0:41:42	143	Wayne Fenton	56	M40-44	13	Stone Master Marathoners	Stafford	57	0:41:30	0:12	04:09	06:40
60	0:41:52	158	Paul Glover	57	M40-44	14	Stone Master Marathoners	Stoke-on-Trent	60	0:41:48	0:03	04:10	06:43
61	0:42:00	317	Steven Naylor	58	MU40	29	Michelin AC	Stoke on trent	62	0:41:56	0:04	04:11	06:44
62	0:42:03	308	Nigel Moul	59	M45-49	7	Mow Cop Runners	stoke-on-trent	61	0:41:55	0:07	04:11	06:44
63	0:42:20	105	Peter Crowther	60	M60-64	3	Aberystwyth AC	Llanrhystud	63	0:42:12	0:08	04:13	06:47
64	0:42:28	136	Paul Elton	61	M40-44	15	Blythe Bridge RC	BLYTHE BRIDGE	64	0:42:17	0:10	04:13	06:48
65	0:42:28	63	Michelle Buckle	4	F40-44	1	Newcastle Staffs AC	Audley	65	0:42:26	0:02	04:14	06:49

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Gun pos	Gun time	Race number	Name	Gender pos	Age grp	Cat Pos	Club	Town	Chip pos	Chip time	Start delay	Pace (min/km)	Pace (min/mile)
66	0:42:39	71	Christopher Cason	62	MU40	30		Crewe	66	0:42:34	0:04	04:15	06:51
67	0:42:43	125	Mark Duddy	63	M50-54	5		Stafford	67	0:42:40	0:02	04:16	06:51
68	0:42:48	121	Lindsay Dixon	5	F45-49	1	Newcastle Staffs AC	Newcastle under Lyme	68	0:42:44	0:04	04:16	06:52
69	0:42:56	316	Indira Natarajan	64	M45-49	8	Stone Master Marathoners	Stone	69	0:42:51	0:05	04:17	06:53
70	0:43:05	320	Chris Nixon	65	M50-54	6	Newcastle (Staffs) Tri Club	Stoke-on-Trent	70	0:43:03	0:02	04:18	06:55
71	0:43:15	232	Timothy Jones	66	M40-44	16	Trentham RC	Stoke-on-Trent	71	0:43:04	0:10	04:18	06:55
72	0:43:16	58	Alan Brookes	67	M60-64	4	Trentham RC	Crewe	74	0:43:13	0:02	04:19	06:57
73	0:43:19	50	Liam Bowden	68	MU40	31	Mow Cop Runners	Stoke-on-Trent	73	0:43:09	0:09	04:18	06:56
74	0:43:20	481	Robin Zoka	69	MU40	32	South Cheshire Harriers	Crewe	72	0:43:06	0:13	04:18	06:56
75	0:43:28	401	David Smith	70	M40-44	17	South Cheshire Harriers	Nantwich	75	0:43:19	0:08	04:19	06:58
76	0:43:34	257	Wayne Lamb	71	MU40	33	Newcastle (Staffs) Tri Club	Stoke on Trent	77	0:43:29	0:04	04:20	06:59
77	0:43:36	386	Chris Scullion	72	M45-49	9	Cheadle RC	cheadle	76	0:43:25	0:11	04:20	06:59
78	0:43:50	140	Neil Farrow	73	M50-54	7		Newcastle under Lyme	79	0:43:44	0:06	04:22	07:02
79	0:43:52	222	Andrew Jackson	74	M40-44	18	North Staffs RR Association	LEEK	78	0:43:43	0:08	04:22	07:02
80	0:43:56	283	Paul Mason	75	M40-44	19		Stoke-on-Trent	81	0:43:50	0:06	04:23	07:03
81	0:44:03	242	Graham Kemp	76	M55-59	3	Newcastle (Staffs) Tri Club	Newcastle under Lyme	83	0:43:57	0:06	04:23	07:04
82	0:44:03	174	John Guest	77	M55-59	4	Trentham RC	Stoke-on-Trent	85	0:43:59	0:04	04:23	07:04
83	0:44:05	351	Andrew Podmore	78	MU40	34		Burslem	84	0:43:58	0:07	04:23	07:04
84	0:44:10	276	Grant Mantle	79	MU40	35	Stone Master Marathoners	Stafford	82	0:43:56	0:14	04:23	07:04
85	0:44:12	337	Lewis Pass	80	MU40	36	Newcastle (Staffs) Tri Club	Staffs	86	0:44:05	0:06	04:24	07:05
86	0:44:12	371	Jason Riley	81	M45-49	10	Newcastle (Staffs) Tri Club	Staffs	88	0:44:06	0:05	04:24	07:05
87	0:44:14	100	Mark Cotton	82	M40-44	20	Newcastle Staffs AC	Crewe	87	0:44:06	0:07	04:24	07:05
88	0:44:16	152	Adrian Frost	83	M55-59	5	Trentham RC	London	80	0:43:50	0:26	04:23	07:03
89	0:44:27	138	Neil Everill	84	M40-44	21		Stoke on Trent	91	0:44:21	0:05	04:26	07:08
90	0:44:32	472	John Wood	85	M60-64	5	Michelin AC	Newcastle under Lyme	89	0:44:20	0:11	04:26	07:08
91	0:44:36	84	Andrew Clinton	86	M45-49	11	North Staffs RR Association	Stoke on Trent	93	0:44:33	0:03	04:27	07:10
92	0:44:38	322	Nia Rose Nokes	6	FU35	4	Stafford Harriers	Stafford	92	0:44:28	0:09	04:26	07:09
93	0:44:38	421	Oliver Tams	87	MU40	37		Stoke-on-Trent	90	0:44:20	0:18	04:26	07:08
94	0:44:48	495	Dave Juggins	88	M65-69	2			95	0:44:37	0:10	04:27	07:10
95	0:44:49	229	Si Jones	89	M45-49	12	Newcastle Staffs AC	Newcastle	98	0:44:41	0:07	04:28	07:11
96	0:44:51	370	Craig Edwards	90	M45-49	13	Sandbach Striders	Stoke on trent	94	0:44:34	0:17	04:27	07:10
97	0:44:57	210	Ian Hodgkinson	91	M45-49	14	Stafford Harriers	Stafford	99	0:44:45	0:11	04:28	07:12
98	0:45:00	128	David Dunsmore	92	M45-49	15	Stone Master Marathoners	Stone	102	0:44:56	0:03	04:29	07:13
99	0:45:02	225	Keith Jellyman	93	M55-59	6	Rugeley Runners	Rugeley	100	0:44:47	0:15	04:28	07:12
100	0:45:05	384	Jonathan Sanfield	94	M40-44	22		Stoke On Trent	97	0:44:37	0:27	04:27	07:10
101	0:45:05	323	Elliot Powell	95	MU40	38			96	0:44:37	0:27	04:27	07:10
102	0:45:06	300	Peter Morgan	96	MU40	39	Newcastle Staffs AC	Bradwell	104	0:45:03	0:02	04:30	07:15
103	0:45:07	380	Adrian Rollings	97	M55-59	7	North Staffs RR Association	Rugeley	103	0:44:59	0:07	04:29	07:14
104	0:45:10	127	Nick Dunning	98	M50-54	8	South Cheshire Harriers	Crewe	106	0:45:06	0:04	04:30	07:15
105	0:45:12	215	Richard Howell	99	MU40	40	North Staffs RR Association	Newcastle under Lyme	105	0:45:04	0:08	04:30	07:15
106	0:45:16	173	Alan Griffin	100	M45-49	16		Cannock	107	0:45:11	0:05	04:31	07:16
107	0:45:22	42	Chris Beswick	101	M50-54	9		Newcastle under Lyme	101	0:44:52	0:30	04:29	07:13
108	0:45:27	338	John Pearce	102	M60-64	6	Aldridge RC	Lichfield	108	0:45:23	0:03	04:32	07:18
109	0:45:29	333	Richard Palmer	103	MU40	41	Telford Harriers	Telford	109	0:45:25	0:03	04:32	07:18
110	0:45:37	78	Oliver Clarke	104	MU40	42	Newcastle Staffs AC	Newcastle Under Lyme	113	0:45:34	0:03	04:33	07:19
111	0:45:42	376	Matt Robinson	105	M40-44	23		Stoke on Trent	112	0:45:34	0:08	04:33	07:19
112	0:45:43	183	Richard Handley	106	MU40	43		Newcastle Under Lyme	110	0:45:29	0:13	04:32	07:19
113	0:45:48	424	Sarah Taylor	7	F50-54	1	Trentham RC	Stoke-On-Trent	114	0:45:39	0:09	04:33	07:20
114	0:45:54	118	Mark Dixon	107	M40-44	24	Newcastle Staffs AC	Stoke on Trent	117	0:45:51	0:02	04:35	07:22
115	0:45:56	75	Jamie Chapman	108	MU40	44		Stoke on Trent	111	0:45:30	0:26	04:33	07:19
116	0:45:57	252	Matthew Knott	109	MU40	45		Tunstall	115	0:45:44	0:13	04:34	07:21
117	0:46:00	106	John Culshaw	110	M45-49	17	South Cheshire Harriers	Crewe	116	0:45:47	0:13	04:34	07:22
118	0:46:12	457	Ash Wilks	111	MU40	46	Go team Running Club	Stoke	118	0:46:00	0:12	04:36	07:24
119	0:46:13	335	Stuart Parton	112	MU40	47	Stoke F.I.T	Stoke on trent	119	0:46:01	0:11	04:36	07:24
120	0:46:14	436	Kevin Uzzell	113	M70+	1	Stone Master Marathoners	Stone	122	0:46:08	0:05	04:36	07:25
121	0:46:18	373	Mark Roberts	114	MU40	48	Newcastle Staffs AC	STOKE-ON-TRENT	123	0:46:10	0:08	04:37	07:25
122	0:46:19	114	Chris Deakin	115	MU40	49		Madeley	120	0:46:04	0:14	04:36	07:24
123	0:46:20	416	Will Sutton	116	MU40	50		Staffordshire	121	0:46:04	0:15	04:36	07:24
124	0:46:21	328	Michael Oakley	117	MU40	51	Trentham RC		126	0:46:16	0:04	04:37	07:26
125	0:46:27	377	Adrian Rogers	118	M40-44	25		Newcastle-under-Lyme	127	0:46:21	0:05	04:38	07:27
126	0:46:31	352	Susan Poole	8	F50-54	2	South Cheshire Harriers	Crewe	131	0:46:25	0:05	04:38	07:28
127	0:46:32	60	Andrew Brownsword	119	MU40	52	Newcastle Staffs AC	Newcastle	124	0:46:11	0:21	04:37	07:25
128	0:46:34	55	Catherine Bridgewater	9	FU35	5	Newcastle Staffs AC	Newcastle under lyme	129	0:46:22	0:12	04:38	07:27
129	0:46:36	420	Les Tams	120	M55-59	8	South Cheshire Harriers	Crewe	125	0:46:11	0:25	04:37	07:25
130	0:46:39	77	Wil Chung	121	MU40	53	Newcastle Staffs AC	Barthomley	134	0:46:30	0:08	04:39	07:29
131	0:46:39	268	Jason Littlewood	122	MU40	54	Stafford Harriers	Stafford	133	0:46:28	0:10	04:38	07:28
132	0:46:39	341	David Pepper	123	M50-54	10		Newcastle under Lyme	132	0:46:26	0:13	04:38	07:28
133	0:46:41	399	David Smith	124	MU40	55	Newcastle Staffs AC	Newcastle under Lyme	136	0:46:35	0:06	04:39	07:29



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Gun pos	Gun time	Race number	Name	Gender pos	Age grp	Cat Pos	Club	Town	Chip pos	Chip time	Start delay	Pace (min/km)	Pace (min/mile)
134	0:46:42	181	Martin Halls	125	MU40	56		newcastle	130	0:46:22	0:19	04:38	07:27
135	0:46:44	64	Charlotte Buckley	10	FU35	6	Blythe Bridge RC	Stoke on Trent	135	0:46:33	0:11	04:39	07:29
136	0:46:52	51	Lee Bowers	126	M40-44	26		Newcastle	128	0:46:21	0:31	04:38	07:27
137	0:46:53	286	Darren Mattocks	127	M40-44	27	Stafford Harriers	Stafford	138	0:46:48	0:04	04:40	07:31
138	0:47:05	165	Thomas Gray	128	MU40	57	Go team Running Club	Newcastle-under-Lyme	140	0:46:53	0:11	04:41	07:32
139	0:47:07	354	Egidija Pope	11	F35-39	1	Stone Master Marathoners	Stoke-on-Trent	142	0:47:01	0:06	04:42	07:33
140	0:47:09	59	Robert J Brown	129	M50-54	11	South Cheshire Harriers	Crewe	137	0:46:35	0:33	04:39	07:29
141	0:47:14	2	Dave Adams	130	M50-54	12		Stoke on Trent	141	0:46:58	0:15	04:41	07:33
142	0:47:18	54	Jonathan Brend	131	M40-44	28	Newcastle Staffs AC	Newcastle-under-Lyme	144	0:47:11	0:07	04:43	07:35
143	0:47:21	296	Joseph Messenger	132	MU40	58		Newcastle-under-Lyme	139	0:46:50	0:30	04:41	07:32
144	0:47:22	497	Tony Marrs	133	M60-64	7			143	0:47:08	0:13	04:42	07:35
145	0:47:49	83	Phil Cliff	134	M50-54	13	South Cheshire Harriers	Nantwich	147	0:47:26	0:22	04:44	07:38
146	0:47:50	200	Ben Herron	135	MU40	59	South Cheshire Harriers	Crewe	145	0:47:22	0:27	04:44	07:37
147	0:48:00	480	Ashley Yates	136	MU40	60		Newcastle under Lyme	150	0:47:50	0:10	04:47	07:41
148	0:48:02	137	Stuart Evans	137	MU40	61		Newcastle	146	0:47:26	0:36	04:44	07:38
149	0:48:09	231	Alan Jones	138	M50-54	14	Stafford Harriers	staffordshire	152	0:48:02	0:07	04:48	07:43
150	0:48:13	348	David Pike	139	MU40	62		Newcastle	148	0:47:34	0:38	04:45	07:39
151	0:48:14	369	Juliett Richardson	12	F40-44	2	Trentham RC	Stoke-on-Trent	153	0:48:03	0:10	04:48	07:43
152	0:48:16	239	Martin Kaine	140	M50-54	15		STOKE ON TRENT	149	0:47:49	0:26	04:46	07:41
153	0:48:26	236	Gary Jones	141	M50-54	16	Michelin AC	Stoke-On-Trent	154	0:48:20	0:05	04:50	07:46
154	0:48:32	279	Steve Marsh	142	M45-49	18		Rugeley	151	0:48:00	0:32	04:48	07:43
155	0:48:35	208	Lisa Ho	13	FU35	7	Newcastle Staffs AC	newcastle	160	0:48:31	0:03	04:51	07:48
156	0:48:39	365	Rachel Rathbone	14	F40-44	3	Stone Master Marathoners	Newcastle under lyme	159	0:48:31	0:07	04:51	07:48
157	0:48:39	463	Russell Williams	143	M55-59	9	Cheadle RC	Stone	162	0:48:36	0:03	04:51	07:49
158	0:48:41	456	Mike Wilkinson	144	MU40	63		stoke on trent	158	0:48:27	0:13	04:50	07:47
159	0:48:45	98	Simon Coton	145	M40-44	29		Alsager	155	0:48:23	0:22	04:50	07:47
160	0:48:45	97	Katharine Coton	15	F40-44	4	South Cheshire Harriers	Alsager	156	0:48:24	0:21	04:50	07:47
161	0:48:52	235	Lucy Jones	16	FU35	8		Stoke on Trent	163	0:48:37	0:15	04:51	07:49
162	0:48:54	453	Tony White	146	M60-64	8	Trentham RC	Stoke on Trent	165	0:48:51	0:03	04:53	07:51
163	0:48:57	496	Peter Long	147	M50-54	17			157	0:48:24	0:32	04:50	07:47
164	0:49:03	312	John Munton-Davies	148	M40-44	30	Newcastle Staffs AC	Stoke-On-Trent	169	0:48:58	0:04	04:53	07:52
165	0:49:05	489	Neil Turner	149	M50-54	18	wye valley runners club		161	0:48:32	0:33	04:51	07:48
166	0:49:06	471	Ian Wood	150	M55-59	10	Stafford Harriers	hednesford	168	0:48:56	0:09	04:53	07:52
167	0:49:13	398	John Smith	151	M70+	2	Newcastle Staffs AC	Newcastle-under-Lyme	167	0:48:56	0:16	04:53	07:52
168	0:49:13	493	Dave Moores	152	M40-44	31			164	0:48:50	0:22	04:53	07:51
169	0:49:14	154	Sharna Gallagher	17	FU35	9	South Cheshire Harriers	Crewe	166	0:48:51	0:23	04:53	07:51
170	0:49:15	327	Kevin Oakley	153	M50-54	19	Newcastle Staffs AC	Stoke-on-Trent	171	0:49:03	0:12	04:54	07:53
171	0:49:18	395	Chris Skellern	18	F55-59	1	Stafford Harriers	Stafford	173	0:49:10	0:08	04:55	07:54
172	0:49:20	387	Karen Seiles	19	F45-49	2	Stone Master Marathoners	Stone	174	0:49:12	0:08	04:55	07:55
173	0:49:24	249	David Kivlin	154	M40-44	32	South Cheshire Harriers	Crewe	172	0:49:03	0:20	04:54	07:53
174	0:49:25	191	Connor Hart	155	MU40	64	South Cheshire Harriers	Nantwich	175	0:49:16	0:09	04:55	07:55
175	0:49:26	336	Eileen Pass	20	F55-59	2	Newcastle (Staffs) Tri Club	Staffs	176	0:49:16	0:10	04:55	07:55
176	0:49:32	462	Anna Williams	21	F45-49	3	Stone Master Marathoners	Stone	179	0:49:26	0:05	04:56	07:57
177	0:49:36	290	Philip Mcglade	156	MU40	65		Burslem	170	0:49:03	0:33	04:54	07:53
178	0:49:37	274	Jen Manchester	22	F35-39	2	Newcastle Staffs AC	Newcastle	180	0:49:28	0:09	04:56	07:57
179	0:49:39	9	Ian Allen	157	M50-54	20	North Staffs RR Association	stoke on trent	183	0:49:32	0:07	04:57	07:58
180	0:49:40	184	Jessica Haney	23	FU35	10	South Cheshire Harriers	Nantwich	182	0:49:32	0:08	04:57	07:58
181	0:49:44	321	Gayl Nixon	24	F50-54	3	Newcastle (Staffs) Tri Club	Stoke On Trent	185	0:49:33	0:10	04:57	07:58
182	0:49:48	278	Richard Marland	158	M70+	3	Rugeley Runners	Rugeley	184	0:49:33	0:14	04:57	07:58
183	0:49:50	374	Jason Robertson	159	M45-49	19		Congleton	177	0:49:16	0:33	04:55	07:55
184	0:49:54	271	Jamie Lymer	160	MU40	66	North Staffs RR Association	Stoke On Trent	181	0:49:29	0:25	04:56	07:57
185	0:49:58	10	James Allman	161	MU40	67		Stoke on Trent	187	0:49:44	0:14	04:58	08:00
186	0:50:00	15	Cathy Atherton	25	F40-44	5	South Cheshire Harriers	Crewe	189	0:49:54	0:05	04:59	08:01
187	0:50:01	259	Charles Larsson	162	M50-54	21	Newcastle Staffs AC	market drayton	178	0:49:21	0:39	04:56	07:56
188	0:50:05	198	Clive Heathcock	163	M60-64	9	South Cheshire Harriers	Crewe	186	0:49:35	0:29	04:57	07:58
189	0:50:10	233	Bob Jones	164	M60-64	10	Dudley and Kingswinford running club	Penkridge	190	0:50:04	0:06	05:00	08:03
190	0:50:12	484	Matthew Stanlake	165	M40-44	33	Newcastle Staffs AC		191	0:50:04	0:07	05:00	08:03
191	0:50:14	503	Craig Shufflebotham	166	M45-49	20	KMF		188	0:49:45	0:29	04:58	08:00
192	0:50:17	388	Richard Shaw	167	M65-69	3	Stone Master Marathoners	Stone	192	0:50:08	0:08	05:00	08:04
193	0:50:20	49	Richard Booth	168	M40-44	34	Stafford Harriers	Stafford	193	0:50:12	0:08	05:01	08:04
194	0:50:22	393	James Simpson	169	M40-44	35	Stoke F.I.T	Longton	195	0:50:15	0:06	05:01	08:05
195	0:50:27	124	Dave Drayton-Green	170	M45-49	21		Stoke-on-Trent	198	0:50:21	0:05	05:02	08:06
196	0:50:29	447	Charlotte Webb	26	FU35	11		Newcastle-under-Lyme	199	0:50:22	0:07	05:02	08:06
197	0:50:34	245	Phil Kidman	171	M60-64	11	South Cheshire Harriers	Nantwich	194	0:50:13	0:21	05:01	08:04
198	0:50:41	90	Amy Condlyffe	27	FU35	12	City of Stoke AC	Stoke-on-Trent	201	0:50:35	0:06	05:03	08:08
199	0:50:43	46	Michael Birtles	172	M50-54	22		stoke on trent	200	0:50:26	0:17	05:02	08:06
200	0:50:45	265	Robin Leigh	173	M40-44	36		Newcastle-under-lyme	196	0:50:19	0:25	05:01	08:05
201	0:50:47	346	Jill Phillips	28	F55-59	3	Trentham RC	Stoke-on-Trent	203	0:50:38	0:09	05:03	08:08

## Finisher List 10k

Gun pos	Gun time	Race number	Name	Gender pos	Age grp	Cat Pos	Club	Town	Chip pos	Chip time	Start delay	Pace (min/km)	Pace (min/mile)
202	0:50:49	57	Dean Bromley	174	M45-49	22	Trentham RC	Stoke-on-Trent	202	0:50:36	0:13	05:03	08:08
203	0:50:55	79	Rhian Clarke	175	MU40	68		stoke on trent	197	0:50:20	0:34	05:02	08:06
204	0:51:05	383	Simon Rushton	176	MU40	69		Newcastle-under-Lyme	204	0:50:51	0:14	05:05	08:11
205	0:51:09	117	Peter Divall	177	M70+	4	North Staffs RR Association	Stoke on Trent	205	0:50:53	0:15	05:05	08:11
206	0:51:14	248	Claire Kivlin	29	F40-44	6	South Cheshire Harriers	Crewe	206	0:50:54	0:19	05:05	08:11
207	0:51:19	237	Karen Jones	30	F55-59	4	Newcastle (Staffs) Tri Club	Stoke on trent	208	0:51:11	0:07	05:07	08:14
208	0:51:25	185	Chris Hardman	178	M40-44	37	Trentham RC	Newcastle under Lyme	207	0:51:11	0:13	05:07	08:14
209	0:51:28	92	Peter Coombs	179	M50-54	23		Stoke-on-Trent	209	0:51:16	0:12	05:07	08:15
210	0:51:32	56	Andrew Brindley	180	MU40	70		Stoke-on-Trent	210	0:51:16	0:16	05:07	08:15
211	0:51:36	230	Rachel Jones	31	F35-39	3	South Cheshire Harriers	Nantwich	212	0:51:30	0:05	05:09	08:17
212	0:51:40	470	Stan Winterton	181	M70+	5	Trentham RC	Leek	211	0:51:26	0:13	05:08	08:16
213	0:51:53	473	Gemma Woodcock	32	FU35	13	Newcastle Staffs AC	Newcastle Under Lyme	213	0:51:34	0:19	05:09	08:17
214	0:51:57	93	David Cooper	182	M60-64	12			216	0:51:51	0:06	05:11	08:20
215	0:52:00	110	Matthew Davies	183	M40-44	38		STOKE-ON-TRENT	215	0:51:46	0:13	05:10	08:19
216	0:52:04	142	Dot Fellows	33	F65+	1	Cannock & Stafford AC	Chasetown	218	0:52:00	0:03	05:12	08:22
217	0:52:09	32	Sarah Bayliss	34	FU35	14		Newcastle-under-Lyme	214	0:51:45	0:24	05:10	08:19
218	0:52:15	147	John Finney	184	M70+	6	Stafford Harriers	Stafford	220	0:52:09	0:06	05:12	08:23
219	0:52:19	3	Jenni Alcock	35	FU35	15	Newcastle Staffs AC	STOKE-ON-TRENT	219	0:52:01	0:18	05:12	08:22
220	0:52:21	220	Nick Inglis	185	M40-44	39	Go team Running Club	Stoke on Trent	217	0:51:58	0:23	05:11	08:21
221	0:52:30	24	Leann Banks	36	FU35	16	South Cheshire Harriers	Nantwich	223	0:52:24	0:06	05:14	08:25
222	0:52:33	139	Ruth Farrell	37	F40-44	7	Stoke F.I.T	Stoke-on-Trent	221	0:52:16	0:16	05:13	08:24
223	0:52:42	254	Chris Lake	186	M45-49	23	Chase Harriers	Heath hayes	222	0:52:17	0:25	05:13	08:24
224	0:52:47	73	Alan Challinor	187	M65-69	4	North Staffs RR Association	Leek	225	0:52:26	0:20	05:14	08:26
225	0:53:02	510	Andrew Legomski	188	M50-54	24	KMF		226	0:52:45	0:16	05:16	08:29
226	0:53:06	109	Pam Davies	38	F65+	2	Stone Master Marathoners	Stafford	231	0:52:58	0:07	05:17	08:31
227	0:53:10	405	Gillian Tinsley	39	F50-54	4	Trentham RC		230	0:52:56	0:13	05:17	08:31
228	0:53:11	153	Lisa Funge	40	F40-44	8		Newcastle under Lyme	227	0:52:49	0:22	05:16	08:30
229	0:53:16	366	Martin Rathbone	189	M45-49	24	Stone Master Marathoners	Newcastle under lyme	228	0:52:54	0:22	05:17	08:30
230	0:53:24	261	Nigel Lee	190	M60-64	13	Newcastle Staffs AC	Newcastle	229	0:52:56	0:27	05:17	08:31
231	0:53:27	135	Chris Elsley	191	M50-54	25	Stafford Harriers	Stafford	234	0:53:17	0:09	05:19	08:34
232	0:53:27	357	Brian Powell	192	M65-69	5	North Staffs RR Association	Newcastle-under-Lyme	232	0:52:59	0:27	05:17	08:31
233	0:53:30	36	Shaun Beeston	193	M45-49	25		Stafford	236	0:53:22	0:07	05:20	08:35
234	0:53:30	182	Ian Hancock	194	M50-54	26	North Staffs RR Association	Stoke-on-Trent	224	0:52:26	1:04	05:14	08:26
235	0:53:36	112	Lauren Davies	41	FU35	17		Telford	233	0:53:03	0:32	05:18	08:32
236	0:53:51	340	Jacqueline Pepper	42	F50-54	5	Newcastle Staffs AC	Newcastle under Lyme	238	0:53:36	0:15	05:21	08:37
237	0:53:54	469	Adam Wilton	195	MU40	71		Stoke	235	0:53:18	0:35	05:19	08:34
238	0:53:59	197	Kirsty Heath	43	F35-39	4		Stoke on Trent	237	0:53:30	0:29	05:21	08:36
239	0:54:02	218	Joseph Humphries	196	MU40	72		NEWPORT	241	0:53:51	0:10	05:23	08:39
240	0:54:02	318	Caroline Nichol	44	F35-39	5	Stafford Harriers	Stafford	240	0:53:51	0:11	05:23	08:39
241	0:54:06	28	Jason Barrett	197	M45-49	26	Stone Master Marathoners	Yarnfield	243	0:53:54	0:12	05:23	08:40
242	0:54:13	409	Vicki Stevens	45	FU35	18	Newcastle Staffs AC		239	0:53:48	0:24	05:22	08:39
243	0:54:15	179	Stephanie Hall	46	F45-49	4		Newcastle	244	0:54:00	0:15	05:24	08:41
244	0:54:18	427	Adam Till	198	MU40	73		Alsager	242	0:53:52	0:26	05:23	08:40
245	0:54:23	378	Judith Rogers	47	FU35	19		Newcastle-under-Lyme	248	0:54:17	0:05	05:25	08:44
246	0:54:25	116	Robert Derrington	199	MU40	74		Newcastle Under Lyme	246	0:54:10	0:14	05:25	08:43
247	0:54:32	34	Marie Bebbington	48	F50-54	6	Newcastle (Staffs) Tri Club	Newcastle-under-Lyme	245	0:54:10	0:21	05:25	08:43
248	0:54:36	281	Paula Martin	49	FU35	20		Stoke-On-Trent	249	0:54:17	0:19	05:25	08:44
249	0:54:41	412	John Stimpson	200	MU40	75	Stoke F.I.T		250	0:54:22	0:18	05:26	08:44
250	0:54:43	155	David Gallagher	201	MU40	76	South Cheshire Harriers	Crewe	247	0:54:12	0:31	05:25	08:43
251	0:54:50	115	Karen Dennett	50	F50-54	7	Newcastle (Staffs) Tri Club	Stoke on Trent	259	0:54:39	0:10	05:27	08:47
252	0:54:50	82	Steve Clewlow	202	M55-59	11		Stoke	252	0:54:30	0:20	05:27	08:46
253	0:54:51	356	Emily Powell	51	FU35	21		Stoke on Trent	253	0:54:30	0:20	05:27	08:46
254	0:54:51	345	Emma Phillips	52	F40-44	9	Stone Master Marathoners	Stoke on Trent	254	0:54:33	0:17	05:27	08:46
255	0:54:51	107	Mat Cuthbertson	203	MU40	77	Stone Master Marathoners	Stone	255	0:54:34	0:17	05:27	08:46
256	0:54:53	477	James Wright	204	MU40	78		Stoke on Trent	258	0:54:39	0:14	05:27	08:47
257	0:54:55	299	Robert Moran	205	M45-49	27		Newcastle	251	0:54:29	0:26	05:26	08:46
258	0:54:56	485	Kevin Davidson	206	MU40	79	Newcastle Staffs AC		256	0:54:34	0:21	05:27	08:46
259	0:54:57	298	Stephen Moody	207	M50-54	27		Stoke on Trent	257	0:54:39	0:17	05:27	08:47
260	0:55:20	419	Marcin Szczeplocki	208	MU40	80		Crewe	260	0:54:56	0:24	05:29	08:50
261	0:55:21	379	Jacque Rollings	53	F50-54	8	Rugeley Runners	Rugeley	264	0:55:08	0:12	05:30	08:52
262	0:55:24	260	Timothy Lawley	209	MU40	81		Kidsgrove	261	0:54:58	0:25	05:29	08:50
263	0:55:26	33	Rachel Beach	54	F35-39	6		Crewe	265	0:55:09	0:16	05:30	08:52
264	0:55:29	375	Dennis Robinson	210	M60-64	14	South Cheshire Harriers	Crewe	263	0:55:08	0:20	05:30	08:52
265	0:55:31	217	Ralph Humphries	211	M55-59	12	Newport and District RC	Newport	266	0:55:19	0:11	05:31	08:54
266	0:55:35	326	Dan Nutt	55	FU35	22		Stoke on trent	262	0:55:00	0:34	05:30	08:51
267	0:55:36	270	Gary Lovell	212	MU40	82		STOKE ON TRENT	269	0:55:31	0:05	05:33	08:56
268	0:55:45	189	Donna Harris	56	F50-54	9	Chase Harriers	Hednesford	267	0:55:20	0:25	05:32	08:54
269	0:55:52	76	Ann Cheadle	57	FU35	23	Go team Running Club	Stoke-on-Trent	268	0:55:29	0:23	05:32	08:55



## Finisher List 10k

Gun pos	Gun time	Race number	Name	Gender pos	Age grp	Cat Pos	Club	Town	Chip pos	Chip time	Start delay	Pace (min/km)	Pace (min/mile)
270	0:56:00	178	Laura Hall	58	FU35	24	Stone Master Marathoners	Meir	270	0:55:44	0:16	05:34	08:58
271	0:56:06	144	Linda Fernyhough	59	F55-59	5	North Staffs RR Association	Leek,	271	0:55:50	0:16	05:35	08:59
272	0:56:09	209	Gill Hodkinson	60	F45-49	5	Stafford Harriers	Stafford	274	0:55:51	0:17	05:35	08:59
273	0:56:09	460	Graham Williams	213	M70+	7	Stafford Harriers	Stafford	281	0:55:59	0:10	05:35	09:00
274	0:56:10	262	Jessica Leese	61	FU35	25		Kidsgrove	273	0:55:51	0:19	05:35	08:59
275	0:56:12	330	Joanne Oliver	62	F45-49	6	Stafford Harriers	Stafford	278	0:55:54	0:17	05:35	08:59
276	0:56:12	23	Emily Ball	63	FU35	26			275	0:55:53	0:18	05:35	08:59
277	0:56:12	402	Sarah Smith	64	FU35	27		STOKE ON TRENT	276	0:55:53	0:18	05:35	08:59
278	0:56:13	176	Benn Hailes	214	MU40	83		Newcastle-Under-Lyme	282	0:56:00	0:13	05:36	09:00
279	0:56:16	284	Joanne Matthews	65	F35-39	7	Go team Running Club	Stoke on Trent	277	0:55:54	0:22	05:35	08:59
280	0:56:20	80	Caroline Clarke	66	F40-44	10	Go team Running Club	STOKE-ON-TRENT	279	0:55:56	0:23	05:35	09:00
281	0:56:21	104	Morwenna Cross	67	F40-44	11		Stoke-on-Trent	280	0:55:56	0:24	05:35	09:00
282	0:56:22	461	Jane Williams	68	F40-44	12	Staffs Moorlands AC	Leek	272	0:55:50	0:32	05:35	08:59
283	0:56:25	221	Clare Irving	69	F40-44	13	Stone Master Marathoners	Stone	283	0:56:16	0:09	05:37	09:03
284	0:56:34	478	Pascale Wrigley	70	FU35	28		Newcastle under Lyme	284	0:56:22	0:12	05:38	09:04
285	0:56:43	430	Nikki Towle	71	F50-54	10		Eccleshall	285	0:56:27	0:16	05:38	09:05
286	0:56:49	394	Bob Sissons	215	M70+	8		Newcastle under Lyme	291	0:56:46	0:03	05:40	09:08
287	0:56:52	101	Annie Coxon	72	F35-39	8	Newcastle Staffs tri	stoke	287	0:56:33	0:19	05:39	09:06
288	0:56:54	44	Mark Birchall	216	MU40	84	Newcastle Staffs tri	stoke	288	0:56:35	0:18	05:39	09:06
289	0:56:57	445	Leanne Watson	73	FU35	29		Newcastle-under-Lyme	286	0:56:29	0:28	05:38	09:05
290	0:57:03	287	Mac McCoig	217	M65-69	6	Stone Master Marathoners	Stafford	289	0:56:39	0:23	05:39	09:07
291	0:57:04	372	Belinda Riley	74	F55-59	6	Newcastle Staffs AC	Stoke on trent	290	0:56:42	0:22	05:40	09:07
292	0:57:07	263	Anne Leese	75	F40-44	14		Leek	296	0:56:53	0:14	05:41	09:09
293	0:57:08	85	Darren Clutton	218	MU40	85	Blythe Bridge RC	Stoke-on-trent	292	0:56:50	0:18	05:41	09:08
294	0:57:08	439	Andrew Waldron-Kelly	219	M45-49	28		Stoke on Trent	298	0:56:54	0:13	05:41	09:09
295	0:57:08	428	Kara Tontsch-Russell	76	FU35	30		nantwich	294	0:56:52	0:16	05:41	09:09
296	0:57:12	148	Gemma Finney	77	FU35	31		Stoke	297	0:56:53	0:19	05:41	09:09
297	0:57:16	241	Mark Kelsall	220	MU40	86	Newcastle Staffs AC	NEWCASTLE	295	0:56:52	0:23	05:41	09:09
298	0:57:18	52	Jocey Bracegirdle	78	FU35	32	Michelin AC	Stoke-on-Trent	300	0:56:58	0:19	05:41	09:10
299	0:57:21	423	Samantha Taylor	79	FU35	33	Blythe Bridge RC	Blythe Bridge	301	0:57:00	0:20	05:42	09:10
300	0:57:24	21	David Baker	221	M60-64	15	Stone Master Marathoners	Stoke0on-Trent	299	0:56:55	0:28	05:41	09:09
301	0:57:24	349	Nicola Pilling	80	F40-44	15	Trentham RC	Stoke on Trent	293	0:56:50	0:33	05:41	09:08
302	0:57:27	269	Emma Lonczyk	81	F40-44	16	Blythe Bridge RC	Stoke-on-Trent	303	0:57:09	0:18	05:42	09:11
303	0:57:29	250	Bill Klempere	222	M55-59	13		Newcastle	305	0:57:11	0:17	05:43	09:12
304	0:57:32	358	Andy Poyner	223	M45-49	29	Go team Running Club	Newcastle under lyme	302	0:57:09	0:23	05:42	09:11
305	0:57:33	35	Alecia Nicklin	82	FU35	34	Newcastle (Staffs) Tri Club	Newcastle-under-Lyme	304	0:57:11	0:22	05:43	09:12
306	0:57:43	407	Andrew Stanyer	224	M45-49	30		Stoke-on-trent	306	0:57:20	0:23	05:44	09:13
307	0:57:44	406	Kevin Stanyer	225	M60-64	16		Newcastle-under-Lyme	307	0:57:21	0:22	05:44	09:13
308	0:58:08	219	Simon Hutt	226	M50-54	28		Stoke on Trent	308	0:57:38	0:30	05:45	09:16
309	0:58:22	87	Julie Collins	83	FU35	35		WHITCHURCH	309	0:57:56	0:26	05:47	09:19
310	0:58:22	41	Sarah Berry	84	F35-39	9		Whutchurch	310	0:57:56	0:26	05:47	09:19
311	0:58:43	258	Benjamin Large	227	MU40	87	South Cheshire Harriers	Nantwich	312	0:58:22	0:21	05:50	09:23
312	0:58:45	448	Jennifer Webber	85	F40-44	17	Mow Cop Runners	Mow Cop	311	0:58:21	0:24	05:50	09:23
313	0:58:46	246	Rachel Killeen	86	F40-44	18		Newcastle-under-Lyme	313	0:58:31	0:15	05:51	09:25
314	0:59:06	146	Bernard Finnemore	228	M70+	9		Onneley	314	0:58:40	0:25	05:52	09:26
315	0:59:22	313	Karen Murray	87	F50-54	11	Stafford Harriers	Stafford	317	0:59:09	0:13	05:54	09:31
316	0:59:23	199	David Hebb	229	M55-59	14	North Staffs RR Association	STONE	316	0:59:08	0:15	05:54	09:30
317	0:59:25	234	Dawn Jones	88	F45-49	7		Stoke on trent	315	0:59:05	0:20	05:54	09:30
318	0:59:39	414	Martin Stirna	230	M60-64	17	South Cheshire Harriers	Crewe	319	0:59:09	0:29	05:54	09:31
319	0:59:40	392	Rebecca Siery	89	FU35	36	Fylde Coast Runners	Newcastle under lyme	323	0:59:19	0:21	05:55	09:32
320	0:59:42	509	Karen Lysec	90	F40-44	19	KMF		320	0:59:11	0:30	05:55	09:31
321	0:59:45	223	Kathy Jackson	91	FU35	37		Newcastle under Lyme	322	0:59:19	0:26	05:55	09:32
322	0:59:46	474	Neil Woodcock	231	M60-64	18		Stoke on Trent	318	0:59:09	0:37	05:54	09:31
323	0:59:53	334	Sharon Parr	92	F40-44	20		Newcastle under Lyme	324	0:59:25	0:28	05:56	09:33
324	0:59:57	47	Sarah Blackburn	93	F35-39	10		Newcastle Under Lyme	325	0:59:28	0:29	05:56	09:34
325	0:59:58	68	Emma Carr	94	FU35	38	Mow Cop Runners	Kidsgrove	327	0:59:34	0:24	05:57	09:35
326	0:59:58	180	Joanne Hallett	95	F40-44	21	Go team Running Club	Cheadle	328	0:59:35	0:22	05:57	09:35
327	0:59:59	454	Mike Whitehouse	232	M55-59	15		Aldridge	321	0:59:18	0:41	05:55	09:32
328	1:00:04	389	Tom Shaw	233	M45-49	31	Michelin AC	Newcastle-Under-Lyme	326	0:59:33	0:31	05:57	09:35
329	1:00:07	306	Paul Morris	234	M50-54	29	Go team Running Club	Stoke on trent	329	0:59:43	0:24	05:58	09:36
330	1:00:11	134	Colin Brown	235	M50-54	30			332	0:59:52	0:18	05:59	09:38
331	1:00:11	175	Hollie Gwynne	96	FU35	39		Stoke on Trent	330	0:59:43	0:27	05:58	09:36
332	1:00:21	483	Claire Massey	97	F35-39	11		Newcastle under Lyme	331	0:59:51	0:30	05:59	09:37
333	1:00:49	382	Malcolm Rushton	236	M65-69	7	Trentham RC	Stoke-on-Trent	333	1:00:22	0:27	06:02	09:42
334	1:00:57	280	Carrie Martin	98	FU35	40		Stoke-on-Trent	334	1:00:37	0:19	06:03	09:45
335	1:01:03	66	Thomas Cairns	237	MU40	88		Stoke on Trent	336	1:00:50	0:12	06:05	09:47
336	1:01:06	88	Tania Compton	99	FU35	41		Stoke on trent	335	1:00:46	0:19	06:04	09:46
337	1:01:25	86	Michael Coleman	238	M50-54	31		Stoke-on-Trent	337	1:00:50	0:34	06:05	09:47

## Finisher List 10k

Gun pos	Gun time	Race number	Name	Gender pos	Age grp	Cat Pos	Club	Town	Chip pos	Chip time	Start delay	Pace (min/km)	Pace (min/mile)
338	1:01:29	81	Debs Clarke	100	F45-49	8	Newcastle (Staffs) Tri Club	Stoke on Trent	338	1:01:07	0:21	06:06	09:50
339	1:01:42	331	Olive Otway	101	F60-64	1	Potters Trotters	Crewe	339	1:01:10	0:32	06:07	09:50
340	1:01:55	426	Heidi Thurland	102	F40-44	22		Silverdale	340	1:01:17	0:38	06:07	09:51
341	1:02:02	130	Colin Earp	239	M70+	10	South Cheshire Harriers	crewe	342	1:01:29	0:32	06:08	09:53
342	1:02:08	172	Stuart Gregory	240	MU40	89	Desford Striders	sheffield	344	1:01:31	0:37	06:09	09:54
343	1:02:09	96	Lucy Corbett	103	F35-39	12	Trentham RC	Stoke-on-Trent	343	1:01:30	0:39	06:09	09:53
344	1:02:09	403	Spencer Smith	241	M40-44	40		Stoke-on-Trent	341	1:01:29	0:40	06:08	09:53
345	1:02:12	297	Vanessa Milward	104	F40-44	23	Go team Running Club	Stoke on Trent	348	1:01:49	0:23	06:10	09:56
346	1:02:12	74	Jaki Chambers	105	F45-49	9	Potters Trotters	Stoke on trent	345	1:01:39	0:33	06:09	09:55
347	1:02:16	108	Sarah Cuzner	106	FU35	42		Newcastle under lyme	346	1:01:46	0:29	06:10	09:56
348	1:02:26	418	Nigel Symms	242	M50-54	32	Newcastle Staffs AC	Newcastle-under-Lyme	347	1:01:48	0:38	06:10	09:56
349	1:02:36	390	Linda Shefford	107	F60-64	2	Potters Trotters	Stoke on Trent	349	1:02:01	0:35	06:12	09:58
350	1:02:43	162	Fran Goodwin	108	FU35	43		Stoke on Trent	351	1:02:15	0:27	06:13	10:01
351	1:02:45	6	Sally Aldridge	109	F65+	3	Newcastle Staffs AC	Newcastle under Lyme	350	1:02:13	0:31	06:13	10:00
352	1:02:54	305	Melody Morris	110	F45-49	10	Potters Trotters	Stoke on trent	352	1:02:18	0:35	06:13	10:01
353	1:02:56	437	Serena Van Schepdael	111	F45-49	11	South Cheshire Harriers	Sandbach	353	1:02:26	0:30	06:14	10:02
354	1:03:12	94	Mark David Arthur Cooper	243	MU40	90	Newcastle Staffs AC	STOKE-ON-TRENT	354	1:03:00	0:11	06:18	10:08
355	1:03:12	192	Lesley Hartley	112	F55-59	7	Newcastle Staffs AC	Newcastle under lyme	355	1:03:08	0:04	06:18	10:09
356	1:03:43	29	Chrissy Barrow	113	FU35	44	South Cheshire Harriers	Crewe	356	1:03:09	0:33	06:18	10:09
357	1:03:57	408	Clare Steele	114	F35-39	13		Stoke on Trent	359	1:03:38	0:19	06:21	10:14
358	1:04:01	69	Darren Carroll	244	M40-44	41		Stoke on Trent	360	1:03:43	0:17	06:22	10:15
359	1:04:07	491	Alan Daniel	245	M65-69	8			358	1:03:30	0:37	06:21	10:13
360	1:04:07	195	Andrea Hastelow	115	F45-49	12	Michelin AC	Newcastle	357	1:03:29	0:38	06:20	10:12
361	1:04:11	213	Ellie Holmes	116	F35-39	14	Stone Master Marathoners	Stowe-by-Chartley	363	1:04:02	0:09	06:24	10:18
362	1:04:28	171	Kerry Greener	117	F50-54	12		Newcastle under lyme	366	1:04:23	0:04	06:26	10:21
363	1:04:28	492	Steven Pritchard	246	M45-49	32			361	1:03:57	0:30	06:23	10:17
364	1:04:35	169	Liz Green	118	FU35	45		Stoke-on-Trent	367	1:04:24	0:11	06:26	10:21
365	1:04:35	91	Di Cooke	119	F45-49	13	South Cheshire Harriers	Crewe	362	1:04:00	0:35	06:24	10:17
366	1:04:35	339	Liz Pellington	120	FU35	46		Newcastle under lyme	364	1:04:03	0:32	06:24	10:18
367	1:04:36	99	Emma Cotton	121	F35-39	15		Stoke-on-Trent	368	1:04:25	0:11	06:26	10:22
368	1:04:47	131	Joyce Edwards	122	F65+	4	Stone Master Marathoners	Stoke-on-Trent	369	1:04:37	0:09	06:27	10:23
369	1:04:49	247	Chris Kinsella	247	MU40	91		Stoke on Trent	365	1:04:14	0:35	06:25	10:20
370	1:05:02	39	Jaqui Bennett	123	F55-59	8	Stone Master Marathoners	staffordshire	371	1:04:52	0:09	06:29	10:26
371	1:05:21	40	Pam Bennett	124	F50-54	13	Potters Trotters	Stoke on Trent	370	1:04:47	0:34	06:28	10:25
372	1:05:38	353	Lindsey Pooley	125	F45-49	14	Potters Trotters	Stoke-on-Trent	372	1:05:03	0:34	06:30	10:28
373	1:05:47	344	Colin Pheasant	248	M60-64	19	Chase Harriers	Cannock	375	1:05:43	0:04	06:34	10:34
374	1:05:52	289	Marion Mcdonald	126	F65+	5	Potters Trotters	Stoke-on-Trent	373	1:05:16	0:35	06:31	10:30
375	1:05:56	216	Hannah Hukins	127	FU35	47	South Cheshire Harriers		374	1:05:23	0:32	06:32	10:31
376	1:06:15	302	Helen Morley	128	F50-54	14		Stoke-on-Trent	377	1:05:50	0:25	06:35	10:35
377	1:06:23	160	Nichola Glover-Edge	129	F45-49	15		Newcastle	379	1:06:10	0:12	06:37	10:38
378	1:06:24	159	Ian Glover	249	M40-44	42		Newcastle under lyme	382	1:06:11	0:12	06:37	10:39
379	1:06:28	381	Sharon Rowley	130	F45-49	16	Potters Trotters	Stoke-on-Trent	376	1:05:50	0:37	06:35	10:35
380	1:06:38	187	Natalia Dixon	131	FU35	48			384	1:06:26	0:12	06:38	10:41
381	1:06:42	452	Denise Whalley	132	F50-54	15	Stoke F.I.T	Stoke-on-Trent	378	1:06:06	0:36	06:36	10:38
382	1:06:47	37	Sarah Beeston	133	F35-39	16		Newcastle Under Lyme	383	1:06:23	0:24	06:38	10:41
383	1:06:48	20	Rachel Bailey	134	FU35	49		Stoke On Trent	380	1:06:11	0:36	06:37	10:39
384	1:06:48	168	Kerry Green	135	F35-39	17	Stoke F.I.T	Stoke-on-Trent	381	1:06:11	0:36	06:37	10:39
385	1:07:17	145	Robert Findler	250	M55-59	16	Newcastle (Staffs) Tri Club	Newcastle under Lyme	385	1:06:46	0:31	06:40	10:44
386	1:07:43	70	Lynda Cartwright	136	F50-54	16	Stone Master Marathoners	Stone	386	1:07:21	0:21	06:44	10:50
387	1:08:14	111	Caroline Davies	137	F40-44	24		STOKE-ON-TRENT	387	1:07:52	0:21	06:47	10:55
388	1:08:30	482	Angela Chambers	138	F50-54	17	Potters Trotters	Crewe	388	1:07:59	0:31	06:47	10:56
389	1:08:55	62	Sarah Johnson	139	FU35	50			390	1:08:28	0:27	06:50	11:01
390	1:08:55	207	Dianne Kirkland	140	F40-44	25	Lowley Running Club		391	1:08:28	0:26	06:50	11:01
391	1:09:02	288	Bridget Mccourt	141	F45-49	17	Michelin AC	Stoke-on-Trent	389	1:08:24	0:38	06:50	11:00
392	1:09:06	273	Karen Machin	142	F55-59	9		Newcastle under Lyme	392	1:08:32	0:34	06:51	11:01
393	1:10:03	193	Maria Harvey	143	FU35	51	Stoke F.I.T	Wolstanton	394	1:09:53	0:10	06:59	11:14
394	1:10:05	243	Sarah Kennedy	144	FU35	52	Stoke F.I.T	Stoke onTrent	395	1:09:56	0:09	06:59	11:15
395	1:10:16	304	Darran Morris	251	M40-44	43	Michelin AC	Stoke-On-Trent	393	1:09:44	0:31	06:58	11:13
396	1:10:32	275	Becky Mann	145	F35-39	18		Newcastle	397	1:10:03	0:29	07:00	11:16
397	1:10:39	411	Liz Stevenson	146	F60-64	3	Potters Trotters	Stoke on Trent	396	1:10:03	0:36	07:00	11:16
398	1:10:49	467	Carole Wilshaw	147	F60-64	4	Potters Trotters	Stoke-on-trent	398	1:10:13	0:35	07:01	11:18
399	1:10:50	204	Catherine Hill	148	F45-49	18		Stafford	400	1:10:21	0:29	07:02	11:19
400	1:10:55	449	Nicky Welch	149	F45-49	19	South Cheshire Harriers	Nantwich	401	1:10:23	0:31	07:02	11:19
401	1:10:56	479	Colin Wynne	252	M70+	11	South Cheshire Harriers		399	1:10:20	0:36	07:02	11:19
402	1:11:11	446	Julie Watson	150	F50-54	18		Stoke on Trent	402	1:10:42	0:28	07:04	11:22
403	1:12:38	438	Louise Waldron-Kelly	151	F40-44	26	Blythe Bridge RC	Stoke on Trent	404	1:12:22	0:16	07:14	11:38
404	1:12:52	26	Hazel Barlow	152	F55-59	10	Michelin AC	Stoke on Trent	403	1:12:17	0:35	07:13	11:37
405	1:14:47	347	Gavin Pierpoint	253	MU40	92		Stoke-on-Trent	406	1:14:11	0:35	07:25	11:56

## Finisher List 10k

Gun pos	Gun time	Race number	Name	Gender pos	Age grp	Cat Pos	Club	Town	Chip pos	Chip time	Start delay	Pace (min/km)	Pace (min/mile)
406	1:14:51	505	Gemma Ball	153	FU35	53	KMF		405	1:14:08	0:43	07:24	11:55
407	1:16:38	343	Christine Pezzaioli	154	F55-59	11	Stoke F.I.T	Stoke-on-Trent	408	1:16:16	0:21	07:37	12:16
408	1:16:38	508	Jamie Bailey	254	MU40	93	KMF		407	1:15:54	0:43	07:35	12:12
409	1:16:49	486	Ruth Jones	155	F35-39	19			409	1:16:20	0:28	07:38	12:17
410	1:17:15	12	Lindsey Ankers	156	F45-49	20	South Cheshire Harriers	Crewe	410	1:16:42	0:32	07:40	12:20
411	1:19:46	163	Annette Gorton	157	FU35	54		Stoke On Trent	411	1:19:20	0:25	07:56	12:46
412	1:20:13	123	Kurt Dowson	255	M45-49	33		Yarnfield	412	1:19:55	0:17	07:59	12:51
413	1:20:23	413	Kathryn Stimpson	158	FU35	55	Stoke F.I.T	Stoke on Trent	415	1:20:02	0:20	08:00	12:52
414	1:20:33	194	Margaret Hassall	159	F40-44	27	South Cheshire Harriers	Crewe	414	1:20:00	0:33	08:00	12:52
415	1:20:34	396	Alfred Slater	256	M70+	12	North Staffs RR Association	Burntwood	413	1:19:59	0:34	07:59	12:52
416	1:20:52	291	Jackie Mcgowan	160	F50-54	19	Potters Trotters	stoke on trent	416	1:20:14	0:37	08:01	12:54
417	1:21:01	157	Leonard Gaunt	257	M70+	13		Stone	417	1:20:22	0:38	08:02	12:56
418	1:21:34	429	Tina Tooth	161	F45-49	21	Stoke F.I.T	Stoke on trent	418	1:21:10	0:24	08:07	13:03
419	1:21:40	494	Sue Nicholls	162	F55-59	12	Stoke F.I.T		419	1:21:16	0:24	08:07	13:04
420	1:23:32	385	Oliver Sargeant	258	MU40	94		Stone	420	1:23:15	0:17	08:19	13:23
421	1:24:24	506	Victoria Byatt	163	F50-54	20	KMF		421	1:23:54	0:30	08:23	13:30
422	1:24:25	507	Karl Byatt	259	MU40	95	KMF		422	1:23:56	0:28	08:23	13:30
423	1:24:42	201	Kathleen Hewitt	164	F45-49	22	Potters Trotters	Stoke on Trent	423	1:24:08	0:33	08:24	13:32
424	1:25:26	359	Sue Prince	165	F45-49	23	South Cheshire Harriers	Crewe	424	1:24:53	0:32	08:29	13:39
425	1:25:28	397	Charlotte Sloss	166	FU35	56	Stoke F.I.T	Stoke-on-Trent	427	1:25:06	0:21	08:30	13:41
426	1:25:31	22	Trevor Ball	260	M55-59	17	Newcastle Staffs AC	Stoke on Trent	425	1:24:55	0:36	08:29	13:39
427	1:25:37	17	Simone Baggaley	167	FU35	57	Stoke F.I.T	Stoke on Trent	426	1:25:00	0:37	08:30	13:40
428	1:28:53	501	Lee Heywood	261	MU40	96	KMF		428	1:28:10	0:43	08:49	14:11
429	1:42:53	355	Karen Porter	168	F55-59	13	Stoke F.I.T	Newcastle-under-Lyme	429	1:42:27	0:26	10:14	16:29
430	1:42:57	476	Steve Wright	262	MU40	97	Stoke F.I.T	Stoke - on - Trent	430	1:42:30	0:27	10:15	16:29
431	1:47:23	170	Rebecca Green	169	FU35	58	Stoke F.I.T	Newcastle-under-Lyme	431	1:46:56	0:26	10:41	17:12
432	1:47:41	293	Graham Mclachlan	263	M40-44	44	Newcastle Staffs AC	Stoke-on-Trent	432	1:47:01	0:39	10:42	17:13

Number of records: 432